Treatment Utilization Matrix (Form 7)

This item requires the completion of the Treatment Utilization Matrix (Form 7). It documents the types and amounts of care purchased **during the 12-month State expenditure period you designated on Form 4**, by the principle agency of the State administering the block grant. Include **all** care purchased with public dollars, regardless of the source of funds. You will need to make and fill out multiple copies of this form:

- one for the State as a whole (<u>State Total combining all substate planning areas</u> (SPAs))
- one for each substate planning area

Enter the dates of the State expenditure period on each copy. The rows on Form 7 define types of care. These coincide with the categories used on the Uniform Facility Data Set (UFDS) survey except that outpatient services are subdivided into methadone and non-methadone (rows 6 and 7). The definitions are as follows:

DETOXIFICATION (24-HOUR CARE)

Row 1: Hospital inpatient – Twenty-four hour/day medical acute care services for detoxification for persons with severe medical complications associated with withdrawal.

Row 2: Free-standing residential – Twenty-four hour/day services in a non-hospital setting that provide for safe withdrawal and transition to ongoing treatment.

REHABILITATION/RESIDENTIAL

Row 3: Hospital inpatient – Twenty-four hour/day medical care (other than detoxification) in a hospital facility in conjunction with treatment services for alcohol and other drug abuse and dependency.

Row 4: Short-term (up to 30 days) – Short-term residential, typically 30 days or less of non-acute care in a setting with treatment services for alcohol and other drug abuse and dependency.

Row 5: Long-term (over 30 days) — Long-term residential, typically over 30 days of non-acute care in a setting with treatment services for alcohol and other drug abuse and dependency (may include transitional living arrangements such as halfway houses).

REHABILITATION/AMBULATORY

Rows 6 and 7: Outpatient – Treatment/recovery/aftercare or rehabilitation services provided where the patient does not reside in a treatment facility. The patient receives drug abuse or alcoholism treatment services with or without medication, including counseling and supportive services. Day treatment is included in this category. This also is known as nonresidential services in the alcoholism field. Report **methadone** services on **Row 6**. Report **all other services** on **Row 7**.

Row 8: Intensive outpatient – Services provided to a patient that last two or more hours per day for three or more days per week.

Row 9: Detoxification – Outpatient treatment services rendered in less than 24 hours that provide for safe withdrawal in an ambulatory setting (pharmacological or non-pharmacological).